

Our Reference North East and North Cumbria ICB\
FOI ICB 26-092

North East and North Cumbria ICB
Pemberton House
Colima Avenue
Sunderland Enterprise Park
Sunderland
SR5 3XB

Tel: 0191 512 8484
E-mail: nencicb.foi@nhs.net

By Email

12 June 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 28 May 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

We are making a request under the Freedom of Information Act for information on ADHD assessment referrals for under 18s through the NHS Right to Choose (RTC) pathway within the last two years (whether these are calendar years, financial years or another metric, please indicate this). We are not requesting any personal information.

We are requesting this information because we are looking at barriers to the NHS RTC pathway for under 18s seeking ADHD assessments. We hope this research will ultimately be used to inform understanding and policies around access to ADHD assessments for this age group.

Please can you provide:

1. Total number of referrals (for ADHD assessments in under 18s)
 - a. Of these how many through RTC
2. Number of referrals which were accepted
 - a. Of these how many through RTC
3. Number of referrals which were rejected
 - a. Of these how many through RTC
4. Total number of ADHD assessments completed
 - a. Of these how many through RTC

- b. Outcomes – whether ADHD diagnosis given/diagnosis not given
- 5. Waiting times for ADHD assessments
 - a. Of these, which through RTC
 - b. We wish to calculate median and mean waiting times from this data
- 6. Copies of any internal guidance, policy documents, commissioning notes, service specifications or briefings related to the RTC
- 7. Copies of any letters, emails, reviews, audits, evaluations that discuss whether RTC is meeting demand, improving access or contributing to delays in ADHD assessment

Our Response

1. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by acute hospital and mental health NHS foundation trusts (FTs) within the North East and North Cumbria region that provide these services.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI contacts for the foundation trusts.

NENC Acute Hospital FTs	Email/Online portal
Northumbria Healthcare NHS FT	foi@northumbria.nhs.uk

NENC Mental Health Hospital FTs	Email
Cumbria, Northumberland, Tyne and Wear NHS FT	foi@cntw.nhs.uk
Tees, Esk and Wear Valleys NHS FT	tewv.foi@nhs.net

2. Please refer to the response to question 1.
3. Please refer to the response to question 1.
4. Please refer to the response to question 1.
5. Please refer to the response to question 1.
6. Please refer to the response to question 1.
7. Please refer to the response to question 1.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000.

Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**