

Our Reference North East and North Cumbria ICB\
FOI ICB 25-336

North East and North Cumbria ICB
Pemberton House
Colima Avenue
Sunderland Enterprise Park
Sunderland
SR5 3XB

Tel: 0191 512 8484
E-mail: nencicb.foi@nhs.net

By Email

28 November 2025

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 19 November 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I am writing to request information under the Freedom of Information Act 2000.

The purpose of this request is to gather data on the use of GLP-1 agonists and other diabetes and weight loss medications prescribed across the prison population. To confirm, I have already contacted NHS England and NHS BSA, who said that NHS ICBs are most likely to hold this information.

I am seeking anonymised, aggregate information covering the period January 2020 to October 2025.

1. Via your ICB, the total number of prescriptions dispensed across the prison population for the following medications, broken down by year: Victoza (Liraglutide), Ozempic (Semaglutide), Rybelsus (Semaglutide), Trulicity (Dulaglutide), Bydureon (Exenatide), and Mounjaro (Tirzepatide)
2. Via your ICB, the total number of prescriptions dispensed across the prison population for the following medications, broken down by year: Saxenda (Liraglutide), Wegovy (Semaglutide), Orlistat (Xenical / Alli) and Mysimba (Naltrexone / Bupropion)

Example of preferred reporting (illustrative):

Year	Prison Name	Medication	Total prescriptions issued
2020	HMP [NAME]	Ozempic	86
2020	HMP [NAME]	Victoza	198
2020	HMP [NAME]	Mounjaro	1

I confirm that I am not seeking any personal or identifying information about prisoners involved in these cases. Please provide the information in electronic format, preferably as an Excel spreadsheet or CSV file. Please avoid sending PDFs or Word documents if possible.

If it is not possible to provide the information requested due to the information exceeding the cost of compliance limits identified in Section 12, please provide advice and assistance, under the Section 16 obligations of the Act, as to how I can refine my request. If you are unable to provide the specified information exactly as requested, please provide *any* data you have that is relevant to the request and explain why the other information cannot be provided.

Our Response

On this occasion it is not possible to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

Information Governance Support Officer
North East and North Cumbria Integrated Care Board