[Type here]

[Type here] [Type here]

The screening tool is to be used in conjunction with the alcohol pathway.

- Women complete part A and B of AUDIT-C themselves.
- Professionals score part A using the professional guide on page 2 of AUDIT-C. See example below.

Part A completed by women

Part A professional scoring

Part A: In the 12 months before you knew you were pregnant?

How often would you have a drink that contains alcohol?	Never	Monthly or less	2-4 times per month	2-3 times per week	4+ times per week
How many units of alcohol would you have on a typical day when you are drinking?	1-2	3-4	5-6	7-8	10+
How often did you have 6 or more units, on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily

Daily drinker		Infrequent drinker	
Non-drinker	x	Social drinker	

For professional guidance: Part A: In the last 12 months before you knew you

were preg	<u>anani</u>					
Part A	Question	Score				
		0	1	2	3	4
1	How often would you	Never	Monthly	2-4	2-3	4+
	have a drink that		or less	times	times	times
	contains alcohol?			per	per	per
				month	week	week
2	How many units of alcohol would you have	1-2	3-4	5-6	7-8	10+
	on a typical day when you are drinking?					
3	How often did you have	Never	Less	Monthly	Weekly	Daily
	6 or more units, on a		than		-	or
	single occasion in the		monthly			almost
	last year?					daily

Example indicates a score of 5 and ticked currently a non-drinker

• If score is >5 on part A and/or is currently drinking (assessed by part B), professional to complete part C with the woman.

PART C – If finding it difficult to abstain or if reports current drinking in pregnancy or
scores 5 or more on AUDIT-C to complete below with woman based on 12 months
pre-pregnancy and refer to Consultant/specialist Midwife.

	Question			Score		
		0	1	2	3	4
4	How often in the last year have you found you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
5	How often in the last year have you failed to do what was expected of you because of drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
6	How often in the last year have you needed an alcoholic drink in the morning to get you going?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
7	How often in the last year have you had a feeling of guilt or regret after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
8	How often in the last year have you not been able to remember what happened when drinking the night before?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
9	Have you or someone else been injured as a result of your drinking?	No		Yes, but not in the last year		Yes, during the last year
10	Has a relative/friend/doctor/health worker been concerned about your drinking or advised you to cut down?	No		Yes, but not in the last year		Yes, during the last year

Example part C, score of 3

• Combine scores from part A and C and refer to pathway 1.

North East and North Cumbria Local Maternity System [Type here]

[Type here]



North East and North Cumbria Local Maternity System

• In the example, the woman scored 5 for pre-pregnancy drinking, currently a non-drinker and overall score of 8(including part C) indicating risk so refer and follow pathway 2.

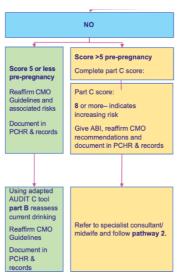
Guidance for Alcohol Pathway

To be used with AUDIT C

<u>Pathway 1</u>

Is the women currently drinking? (answer from part B)

- NO
- If NO, use scores from Part A of AUDIT-C to assess whether to follow green or yellow boxes.



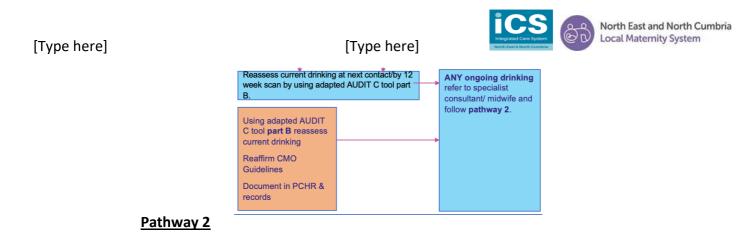
If she scores >5 on part A, follow yellow boxes. Combine scores from part A and part C, if scores 8 or more refer to specialist and follow pathway 2 yellow section.

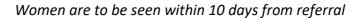
<mark>YES</mark>

 If currently drinking, use combined scores from part A and part C to attain whether to follow pale orange, bright orange or red section.



 If combined scores from part A and part B are between 1-7, reassess at next contact/by 12 week scan using part B from AUDIT-C. Any ongoing drinking must refer to specialist MW or consultant. Follow pathway 2.





 For any woman who is NOT currently drinking but scored a combined score (from part A and C from AUDIT-C) of 8 or more to follow the yellow boxes. Unless considered high risk consider pale orange box.

Pre Pregnancy Score 8 or more	-	Assess current drinking and mental health Reinforce CMO guidance		No health risks / drinking back to routine care
No current drinking.		Provide ABI		High risk of relapse during or post pregnancy. With professional judgement consider;
			•	Ongoing Consultant Care
				Inform MW, HV, GP & Neonatal unit
				Signpost/referral to treatment service
				Consider IAPT referral
				Alcohol assessment at every routine contact
				Clear documentation

• For women who ARE CURRENTLY drinking and score a combined score (form part A and C from AUDIT-C) of 1-7, follow pale orange boxes.



• For women who ARE CURRENTLY drinking and score a combined score (form part A and C from AUDIT-C) 1-7 AND a pre-pregnancy score of 8 or more follow the next set of pale orange boxes.



• For women who ARE CURRENTLY drinking and score a combined score (form part A and C from AUDIT-C) 8-19 follow bright orange boxes.

[Type here]	[Type here]	Increase System North East and North Cumbria Local Maternity System
Current Scor Current drinkin	Serial scan and HC	Detailed Alcohol Treatment service referral including mental health assessment information Inform MW, HV, GP & Neonatal unit Clear documentation Consider child protection referral

• For women who ARE CURRENTLY drinking and score a combined score (form part A and C from AUDIT-C) 20+ follow red boxes.

Current Score 20+	Assess current drinking and mental health	Referral and liaison to Alcohol Treatment Service that includes detailed mental health assessment information
Current drinking	Toxicology and Gamma GT Serial scan and HC Alcohol reduction discussion	Inform MW, HV, GP and Neonatal Unit Clear documentation Make child protection referral

• Any women who are not engaging, follow purple boxes.

