

Our Reference      North East and North Cumbria ICB\  
FOI ICB 25–339

North East and North Cumbria ICB  
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By Email

28 November 2025

Dear Applicant

**Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received on 20 November 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

**Your Request**

Under the Freedom of Information Act 2000, please provide the following information for Child and Adolescent Mental Health Services (CAMHS) in your area.

As of 31 October 2025:

1. The total number of children and young people currently waiting for a first CAMHS appointment.
2. The current longest waiting time (in days) for any child or young person still waiting for a first CAMHS appointment, regardless of referral date.
3. The number of children and young people currently waiting who have been waiting for that longest time (not specifically the same amount of years and days but if for example “over 3 years”).

Additionally, for each of these periods 1 April 2024 – 31 March 2025 and 1 April 2025 – 31 October 2025:

4. Average waiting time (in days) from referral to first appointment for referrals made during the period.
5. Number of referrals included in these calculations.

6. For referrals where the first CAMHS appointment took place during the period (regardless of when the referral was made), please provide:
  - a. The longest waiting time (in days) from referral to first appointment.
  - b. The average waiting time (in days) from referral to first appointment.
  - c. The number of cases included in these calculations.

If you do not hold this information, please advise which organisation does. I would prefer the information in an electronic format (Excel or CSV if possible). If fulfilling this request in full would exceed the cost limit under Section 12 of the Freedom of Information Act, please provide as much of the information as possible within the limit, prioritising questions 1–3.

## Our Response

1. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by acute and mental health hospital NHS foundation trusts (FTs) within the North East and North Cumbria region.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI contacts for those foundation trusts to make your request.

<b>NENC Acute Hospital FTs</b>	<b>Email</b>
Northumbria Healthcare NHS FT	foi@northumbria.nhs.uk
South Tyneside and Sunderland NHS FT	stsft@infreemation.co.uk

<b>NENC Mental Health Hospital FTs</b>	<b>Email</b>
Cumbria, Northumberland, Tyne and Wear NHS FT	foi@cntw.nhs.uk
Tees, Esk and Wear Valley NHS FT	tewv.foi@nhs.net

2. Please refer to the response to question 1.
3. Please refer to the response to question 1.
4. Please refer to the response to question 1.
5. Please refer to the response to question 1.
6. Please refer to the response to question 1.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or [www.ico.org.uk](http://www.ico.org.uk).

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk). This will not affect your initial information request.

Yours faithfully

*Information Governance Support Officer*

**Information Governance Support Officer  
North East and North Cumbria Integrated Care Board**