

North East and North Cumbria LeDeR Annual Report 2022-2023

Easy read short summary





I am Sam Allen, the person in charge of the Integrated Care Board for the North East and North Cumbria.

Reducing health inequalities and premature death for people with learning disability and autistic people is a major priority for our region.



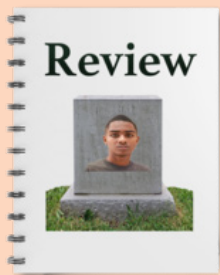
This is the first year that The North East and North Cumbria Integrated Care Board has published a **LeDeR Annual Report**.



It includes information from all **13 places across our region**.



It looks at the deaths of people with a learning disability and the deaths of autistic people from **1st April 2022 to 31st March 2023**.



We reviewed the deaths of 163 people with learning disability between April 2022 and March 2023.

About those people...



94 of the people who died were men.



69 of the people who died were women.



The average age of death was **61 - 70 years**.



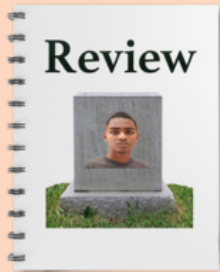
Nearly all of the people were **white**.



About **half** of the people **died in hospital**.
This means for every 2 people who died, 1 of them died in hospital.



For every 3 people who died, **1** of them **died at home**.



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About those people...



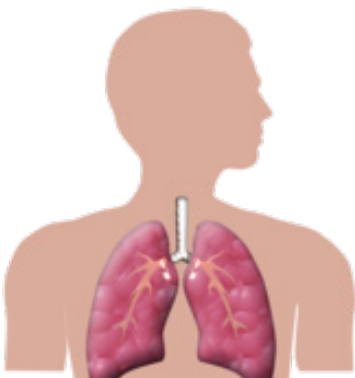
For every 4 people who died, **1 of them was living in residential care.**



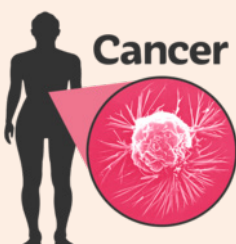
1 in every 4 people died from **pneumonia.**



1 in every 9 people died from **problems with their heart.**



1 in every 9 people died from **aspiration pneumonia.** Aspiration Pneumonia is an infection caused by germs getting into the lungs. The germs are found in food, drink and spit that goes down the wrong way and is breathed in instead of being swallowed.



1 in every 15 people died from cancer.

There were 4 reviews of autistic people who had died.

About those people...



All of the people were **men**.



The average age of death was **31-40 years**.



All of them were **white**.



Half of the people **died in hospital**.



Half of the people **died at home**.



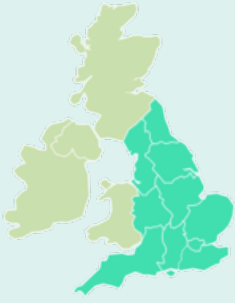
Half of the people died from **complications with drugs misuse**.

Suicide was another cause of death.



Problems with heart was another cause of death.

What we have learnt



The reasons people with learning disability die early in the North East and North Cumbria are **the same as the rest of England**.



The reviews of autistic people are very different from reviews of people with learning disability.

The reasons autistic people die appear quite different from learning from deaths of people with learning disability.



Coronavirus was not a major factor of the deaths of people with learning disability and autistic people.

This is different to last year.



End of Life planning **has got better** since last year.



There is **an increase** in uptake of annual health checks, flu and covid immunisation across NENC.

What are we doing to improve...

Telling more people about LeDeR.

We will focus especially on telling people from minoritised ethnic communities about LeDeR.



Education and Training.



Cancer Screening programmes.

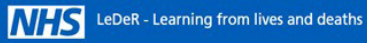


Flu and Covid Toolkits.



To find out more visit...

<https://leder.nhs.uk/>



<https://neclidnetwork.co.uk/>



<https://northeastnorthcumbria.nhs.uk/>



North East and
North Cumbria

