



North East and North Cumbria

Our Reference SD\North East and North
Cumbria ICB\FOI ICB437

NECS – John Snow House
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10 July 2023

Dear

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received by North of England Commissioning Support (NECS) on 29 June 2023 for information held by NHS North East and North Cumbria Integrated Care Board (NENC ICB) under the provisions of the Freedom of Information Act 2000.

NENC ICB covers the areas of County Durham, Gateshead, Newcastle, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland and Tees Valley (which covers the 5 councils that make it up – Darlington, Hartlepool, Middlesbrough, Redcar & Cleveland and Stockton-on-Tees).

Please find the information you requested on behalf of the ICB as follows.

Your Request

I would like to request the following information under the Freedom of Information Act.

1. In the area you cover, are there services / pathways / arrangements for screening groups of young people with higher risk of mental ill-health, for example:
 - children in contact with social care
 - care leavers
 - children who require support from multiple mental health services, e.g. an eating disorder service and anxiety service
 - asylum-seeking children
2. In the area you cover, are there specific arrangements for young people with complex needs, which may cut across multiple services, e.g. NHS mental health services, social care, youth justice, etc.?
3. Is there a mental health crisis care team for all young people in the area you cover? Is follow-up care provided after contact with the mental health crisis team is terminated?
4. Do children and young people's mental health services in your area extend to age 25, per NICE guidance?

5. What support is in place for children accepted into NHS mental health services but that are on a waiting list to begin treatment?
6. Which of the following mental health services are offered in your area for children and young people with eating disorders?
 - family therapy
 - cognitive behavioural therapy
 - guided self-help
 - interpersonal psychotherapy
 - focal psychodynamic therapy

Our Response

Newcastle, Gateshead, North Tyneside, South Tyneside and Sunderland places
NENC ICB holds some of the information in your request for these ICB places. This is provided below. You may wish to redirect the other questions to the Mental Health provider, Cumbria, Northumberland, Tyne & Wear NHS Foundation Trust via email using foi@cntw.nhs.uk

Question 2: There is an expectation that the Children and Young People Service (CYPS) will work closely with other agencies and providers in the provision of support and treatment for young people, their families and their carers. CYPS will have strong links and working relationships with a number of key services and providers across the locality.

Question 3a: There is a mental health crisis care team for all young people in these areas.

Question 6: These mental health services are offered in your area for children and young people with eating disorders are

- Family therapy
- Cognitive behavioural therapy (apart from South Community ED Team)
- Guided self-help (only North Tyneside CAMHS Service)

County Durham and Tees Valley

NENC ICB does not hold the information for these ICB places. You may wish to redirect your request to the Mental Health provider, Tees, Esk & Wear Valley NHS Foundation Trust by emailing tevw.foi@nhs.net

In line with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to the Senior Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your complaint, you may apply directly to the Information Commissioner for a decision. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the North of England Commissioning Support Unit.

The Information Commissioner can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

www.ico.gov.uk

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk . This will not affect your initial information request.

Yours sincerely

S Davies

S Davies
Information Governance Officer