

Our Reference North East and North Cumbria ICB\
FOI ICB 26–248

North East and North Cumbria ICB
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By Email

8 September 2026

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 17 August 2026 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

1. What is the ICB annual budget allocated to Tier 3 (T3) weight loss management across the entire North East/North Cumbria. Include specifics as to how much is allocated to weight loss medication specifically only available via T3 programme?
2. What is the occupation of this budget within the last 6 months (how much has been spent) on Tier 3 weight loss management across the entire North East/North Cumbria?
3. What percentage of people within South Tyneside are currently accessing/ eligible for Tier 3 weight loss management with the prescription of weight loss drugs?
4. What is the percentage of people within South Tyneside who have been referred to T3 weight management, but treatment has been incomplete/ withdrawn due to patients not being eligible for weight loss drugs?

To clarify question 3:

- What is the total amount of people, including breakdown of gender and age range of people within South Tyneside are currently accessing Tier 3 weight loss management programme?
- What is the total amount of people (including age and gender breakdown) receiving medicated weight loss medication as part of the Tier 3 weight loss management programme?

Our Response

1. For the 2026/27 financial year, NENC ICB has identified a total funding allocation of £4.420 million for adult Tier 3 Weight Management Services across the North East and North Cumbria footprint. This funding supports the delivery of specialist weight management services and associated prescribing infrastructure.

The total allocation comprises:

- Tier 3 Service Funding: £995,000.
- Existing Block Funding: £1,389,468.
- Obesity Medication (Drug Spend): £1,815,206.
- Non-Medical Prescribers: £220,000.

It should be noted that these figures represent the ICB's funding allocations for 2026/27 and should not be interpreted as actual expenditure or activity delivered to date.

2. The ICB is unable to confirm the level of expenditure against the allocated budget over the last six months, as a significant proportion of Tier 3 Weight Management funding is incorporated within block contract arrangements and is not separately identifiable through routine financial reporting.
3. Our Tier 3 criteria are: <https://northeastnorthcumbria.nhs.uk/media/uojh5y30/tier-3-weight-management-services-commissioning-statement.pdf>

NENC ICB is unable to determine the percentage of the South Tyneside population who are eligible as that would need access to each individual's clinical record to understand 'previous weight management efforts'.

Within the current Tier 3 services, weight loss drugs are not a specific part of treatment but would be used for those patients where it would be deemed beneficial, so treatment wouldn't be seen as incomplete/withdrawn on a basis of not accessing or being eligible for the drugs.

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested on South Tyneside residents who are eligible for referral to a Tier 3 weight management service provided by an acute provider.

However, we have determined that the information is held South Tees Hospitals NHS Foundation Trust, the acute trust provider.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI email for South Tees Hospitals NHS Foundation Trust: stees.foi.admin@nhs.net.

4. Please refer to the response to question 3.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**