

Our Reference      North East and North Cumbria ICB\  
FOI ICB 25-348

North East and North Cumbria ICB  
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By Email

9 December 2025

Dear Applicant

**Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)**

Thank you for your request received on 28 November 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

**Your Request**

Under the Freedom of Information Act I would like to request the following information please:

1. Has the ICB started prescribing Tirzepatide/Mounjaro in line with the NICE Technology Appraisal TA1026 and the NICE funding variation for tirzepatide (Mounjaro) for the management of obesity?
2. If yes, how are patients accessing the treatment? E.g. through their GP or a specialist service.
3. If yes, how much has the ICB so far spent on tirzepatide for the management of obesity?
4. If no, is there a planned start date?
5. If no, what is causing the delay?

**Our Response**

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. Yes, NENC ICB started prescribing Tirzepatide/Mounjaro in line with the NICE Technology Appraisal TA1026 and the NICE funding variation for tirzepatide (Mounjaro) for the management of obesity.

2. Access to tirzepatide/mounjaro is through primary care along with access to wrap around care commissioned by NHSE.
3. On this occasion it is not possible to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold the information requested.

To clarify, the overall spend on Tirzepatide is held, but we do not hold details of whether this is being used for the management of obesity, or diabetes related.

4. Please refer to the response to question 1.
5. Please refer to the response to question 1.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or [www.ico.org.uk](http://www.ico.org.uk).

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 [www.legislation.gov.uk](http://www.legislation.gov.uk). This will not affect your initial information request.

Yours faithfully

*Information Governance Support Officer*

**Information Governance Support Officer**  
**North East and North Cumbria Integrated Care Board**