

Our Reference North East and North Cumbria ICB\
FOI ICB 25–360

North East and North Cumbria ICB
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By Email

10 December 2025

Dear Applicant

Freedom of Information Act 2000 – Request for Information – NHS North East and North Cumbria Integrated Care Board (NENC ICB)

Thank you for your request received on 3 December 2025 for information held by NHS North East and North Cumbria Integrated Care Board (the ICB) under the provisions of the Freedom of Information Act 2000. The ICB covers the areas of County Durham, Newcastle Gateshead, North Cumbria, North Tyneside, Northumberland, South Tyneside, Sunderland, and Tees Valley.

Please find the information you requested on behalf of the ICB as follows.

Your Request

I'm writing to you under the Freedom of Information Act 2000 to request the following information from NHS North East and North Cumbria ICB. Please send your reply to me electronically, by email.

I would like to request the following information. Please state:

1. How many individual patients within the ICB have been prescribed or dispensed Mounjaro (tirzepatide) since the start of the phased rollout on 23 June 2025?
2. If possible, please provide this data broken down by month.
3. If your ICB is not currently prescribing tirzepatide (Mounjaro), when will it be available?
4. How many patients within the ICB and associated specialist weight management services are currently being prescribed WeGovy (semaglutide)?
5. What BMI does someone need to have to be eligible for WeGovy (semaglutide) within the ICB and associated specialist weight management services?
6. Has that BMI eligibility for WeGovy (semaglutide) changed over time? If yes, please state by date when the change was made and what the BMI eligibility is/was.

If it is not possible to provide the information requested due to the information exceeding the cost of compliance limits identified in Section 12, please provide advice and assistance, under the

www.northeastnorthcumbria.nhs.uk 

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Section 16 obligations of the Act, as to how I can refine my request. If you can identify any ways that my request could be refined, I would be grateful for any further advice and assistance.

If you have any queries, please don't hesitate to contact me via email or phone. I would be very happy to clarify and discuss further.

Our Response

We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested.

1. A total of 895 individual patients have been prescribed or dispensed Mounjaro (tirzepatide) since the start of the phased rollout on 23 June 2025, up to 1 December 2025.
2. The figures, broken down by month are in the table below:

| Month | Jul-25 | Aug-25 | Sep-25 | Oct-25 | Nov-25 | Dec-25 | Total |
|---------------|--------|--------|--------|--------|--------|--------|-------|
| Prescriptions | 181 | 85 | 183 | 236 | 176 | 34 | 895 |

3. Please refer to the response to question 1.
4. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB on this occasion is not able to provide the requested information. In line with your rights under section 1(1)(a) of the Act to be informed whether information is held, we confirm the ICB does not hold any of the information requested. However, we have determined that the information is held by acute hospital NHS foundation trusts (FTs) within the North East and North Cumbria region.

For Semaglutide (Wegovy) and Tirzepatide (Mounjaro) commissioning arrangements for prescribing within Tier 3 specialist weight managements services commenced July 2025 in North Cumbria Integrated Care NHS Foundation Trust (FT), South Tees Hospitals NHS FT, the Newcastle-upon-Tyne NHS FT and Northumbria Healthcare NHS FT.

In accordance with our duty under s.16 of the FOIA to provide reasonable advice and assistance to an individual requesting information, we have provided the FOI contacts for those FTs to make your request.

| NENC Acute Hospital FTs | Email/Online portal |
|--|---|
| North Cumbria Integrated Care NHS FT | foirequest@cumbria.nhs.uk |
| Northumbria Healthcare NHS FT | foi@northumbria.nhs.uk |
| South Tees Hospitals NHS FT | stees.foi.admin@nhs.net |
| The Newcastle upon Tyne Hospitals NHS FT | https://www.newcastle-hospitals.nhs.uk/help/foi/ |

Due to the introduction of NICE TA1026 and research evidence the main option for supporting patients living with obesity is Tirzepatide (Mounjaro).

5. We can confirm, as per Section 1(1) of the Freedom of Information Act 2000, the ICB holds some of the information you have requested. However, guidance documentation is publicly available at <https://northeastnorthcumbria.nhs.uk/media/10wo5a20/hwto-patient-prioritisation-guideline-002.pdf>.

In accordance with s.21 of the FOIA, we are not required to provide information in response to a request if it is reasonably accessible to you by other means.

6. For Semaglutide (Wegovy) and Tirzepatide (Mounjaro) commissioning arrangements for prescribing within Tier 3 specialist weight management services commenced July 2025 onwards in North Cumbria Integrated Care NHS Foundation Trust (FT), South Tees Hospitals NHS FT, the Newcastle-upon-Tyne NHS FT and Northumbria Healthcare NHS FT.

Please refer to the guidance provided in response to question 4.

In accordance with the Information Commissioner's directive on the disclosure of information under the Freedom of Information Act 2000 your request will form part of our disclosure log. Therefore, a version of our response which will protect your anonymity will be posted on the NHS ICB website <https://northeastnorthcumbria.nhs.uk/>.

If you have any queries or wish to discuss the information supplied, please do not hesitate to contact me on the above telephone number or at the above address.

If you are unhappy with the service you have received in relation to your request and wish to request a review of our decision, you should write to the Information Governance Manager using the contact details at the top of this letter quoting the appropriate reference number.

If you are not content with the outcome your review, you do have the right of complaint to the Information Commissioner as established by section 50 of the Freedom of Information Act 2000. Generally, the Information Commissioner cannot make a decision unless you have exhausted the ICB's complaints procedure.

The Information Commissioner can be contacted at Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or www.ico.org.uk.

Any information we provide following your request under the Freedom of Information Act will not confer an automatic right for you to re-use that information, for example to publish it. If you wish to re-use the information that we provide and you do not specify this in your initial application for information then you must make a further request for its re-use as per the Re-Use of Public Sector Information Regulations 2015 www.legislation.gov.uk. This will not affect your initial information request.

Yours faithfully

Information Governance Support Officer

**Information Governance Support Officer
North East and North Cumbria Integrated Care Board**