



NHS

North East &
North Cumbria

**If you can see it
- you can be it!**



Our range of high-quality scrubs, made in authentic fabric and style for ages 5-9.

If you can see it – you can be it!

Product Description

Our range of high-quality scrubs, made in authentic fabric and style for ages 5-9. The designs are practical for everyday use.

The scrubs are manufactured at the Northumbria Healthcare Manufacturing and Innovation Hub using the same fabric used to supply hospital scrubs; polycotton.

This pack includes 32 sets of mini scrubs in individual colours embroidered with a job title and matching hat available in 3 sizes, representing 25 different professions.

This includes:

Mini scrubs sized for 5 years of age:

- Administrator
- Bio Medical Scientist
- Care Assistant
- Catering Assistant
- Clinical Skills Teacher
- Dietitian
- Doctor
- Finance Manager
- Gardener
- Healthcare Support Worker
- IT Technician
- Midwife
- Nurse
- Nursing Home Manager
- Nutritional Support Worker
- Occupational Therapist
- Physiotherapist

Mini scrubs sized for 7 years of age:

- Porter
- Psychiatrist
- Pharmacist
- Psychologist
- Radiographer
- Social Worker
- Surgeon
- Bio Medical Scientist
- Care Assistant
- Catering Assistant

Mini scrubs sized for 9 years of age:

- Chef
- Clinical Skills Teacher
- Dietitian
- Doctor
- Finance Manager

Please note that the sizes are a guide and the scrubs may fit older or younger than suggested.

The scrub top is a pull-on, made slightly larger so they are able to be worn over uniform and the hat can be tied at the back. All items are machine washable at 60 degrees and include a washing instruction label inside.

Sizing: please allow a 1-2cm tolerance of the sizes overleaf.

	A	B
5 yrs.	44cm	51cm
7 yrs.	47cm	56cm
9 yrs.	51cm	60cm



Reasons to love

These mini scrubs enable children to explore the world of health and social care, both real and imagined, by introducing 25 different job roles, through the act of role play. They allow children to get into character to act out and make sense of real-life roles and situations imagined, letting children explore, investigate and experiment.

They will enable children to develop an awareness of themselves and others as well as a range of skills and understanding of different perspectives in a safe environment.

Learning outcomes

- Builds children's confidence, physical development, creativity, problem solving, empathy and communication skills
- Promotes equality and diversity and dispels stereotypes
- Helps children explore the diversity of occupations within the health and care sector
- Supports the development of personal and social skills by increasing a child's capacity to positively interact and collaborate with others
- Sparks natural curiosity and stimulates imagination and creativity
- Promotes positive attitudes to learning, helping engage and motivate students
- Provides opportunities to develop knowledge and deepen children's understanding of real-life career opportunities available

Further Information

Age Suitability:	5-9 Years
Colour:	Variety
Material Type:	Polyester cotton blend (polycotton)
Pack size:	32 sets of scrubs and hats
Product Type:	Dressing-up costumes
Range:	Health and care occupations



**Job Title: Administrator**

What is an Administrator?

Health and social care systems need to be well-organised to keep everything running as smoothly as possible. Administrators play an important role in providing a range of admin activities to support clinical and non-clinical staff, as well as service users, patients, families, carers.

Service users, patients and staff need to be able to see or speak to the right person who can help them and administrators can help with this. That could be for booking an appointment, providing advice or coordinating services and schedules. Some administrators have a lot of contact with service users, patients, families and carers, whereas others may be based in offices and work mainly with other administrators. Alternatively, some may work in hospitals, health centres, hospices or nursing homes and have contact with health and care staff but little to no contact with service users or patients.

Roles could include:

- Health Records Staff
- Clerk
- Receptionist
- Medical Secretary
- Dental Practice Administrator
- Medical Administrator
- Information analyst

If you enjoy working with computers, have a good eye for detail and enjoy routine, an administrative or clerical career could be for you.

Day-to-day tasks you'll do in this role:

Depending on your department, you could be:

- Booking service users or patients in for appointments or their transport to and from hospital
- Using office equipment such as photocopiers and printers
- Reception duties such as greeting service users or patients and looking after staff
- Answering the telephone, passing on calls and messages
- Inputting data, typing reports, creating letters so they are clear and concise
- Dealing with post and emails
- Making sure patient information is recorded and stored accurately

You could work:

All departments and services require administrators so you could work across many settings. This includes hospitals, GP surgeries, hospices, nursing homes, community pharmacies, dentists and opticians.

Average salary (a year):

£22,383

How to become a Administrator:

- GCSEs in grade 4 in Maths and English
- You could enter through an apprenticeship or with relevant experience from another job

What school subjects are useful for this job?

Although there are no specific entry requirements, useful subjects include English, computer science or IT and business.

Skills and knowledge that you'll need:

Time management, organisation, communication and IT skills.

Where could this career take me?

There's lots of opportunities to move on in your career. You could stay in administration but work your way up through supervisory roles into management, by completing training courses. You could use your skills to move into other roles and departments such as finance or informatics.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Biomedical Scientist*

What is a Biomedical scientist?

From GP surgeries, A&E, operating theatres and other departments, the health and social care system would not function without biomedical scientists.

They look at biological samples like blood, DNA and tissue to help doctors and other healthcare professionals diagnose and treat diseases.

Biomedical scientists investigate lots of medical conditions such as:

- Diabetes
- Cancers
- Blood disorders

If you enjoy science and have a desire to really make a difference using your analytical skills, this career may be for you.

Day-to-day tasks you'll do in this role:

- Taking samples of tissue from operations or autopsies and note any problems
- Using high-tech and modern technology such as computers, automated equipment, microscopes and laboratory equipment
- Screen for infectious diseases
- Carrying out research
- Analysing blood samples and testing for diseases and abnormalities
- Supporting blood transfusions by blood grouping and matching blood & blood products for patients
- Updating paperwork and records with test results, ensuring their quality & accuracy

You could work:

They work as part of a team of doctors, nurses, and healthcare science teams in laboratories, clinics, at a research facility or university. You could even work in the Armed Forces.

Average salary (a year):

£28,407

How to become a Biomedical Scientist:

You can get into this job by completing a university course such as a biomedical science degree, an apprenticeship such as a healthcare science practitioner degree or by completing an NHS Practitioner Training Programme where you would achieve a degree.

Once qualified you would need to register with the Health and Care Professions Council (HCPC).

What school subjects are useful for this job?

Maths, sciences and English

Skills and knowledge that you'll need:

- Knowledge of biology and maths
- An interest in science and technology
- Good attention to detail, problem solving, communication and leadership skills

Where could this career take me?

With more experience, you could move into training and education, specialist research or product development.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Care Assistant*

What is a Care Assistant?

Care Assistants have a lot of contact with patients, helping them with their day-to-day tasks. They work under the guidance of other healthcare professionals such as nurses and midwives.

Their roles are varied and every day is different.

Roles could include:

- Community care assistant
- Home care assistant
- Healthcare assistant
- Support worker
- Care worker

Day-to-day tasks you'll do in this role:

The role will vary depending on where you're based. For example, in a hospital you support patients by:

- Helping with washing and dressing
- Making beds and serving meals
- Helping them move around
- Carrying out observations such as blood pressure and pulse

In health centres and GP surgeries you may:

- Sterilise equipment
- Complete health checks
- Process lab samples or take blood

For people who need support to live at home and in their community, you could:

- Do household jobs like washing clothes
- Make food
- Help organise outings and leisure activities
- Check they are taking their medication

You could work:

In hospitals, nursing/residential homes, hospices, day centres, visiting patients' homes, health centres or GP surgeries.

Average salary (a year):

£20,270

How to become a Care Assistant:

There are no set entry requirements to become a healthcare assistant. Employers expect good literacy and numeracy and may ask for GCSEs (or equivalent) in English and maths. They may ask for a healthcare qualification, such as BTEC or NVQ.

It would look good if you have experience of healthcare or care work from voluntary work or you can complete an apprenticeship, such as a level 2 health care support worker.

You'll need to pass background checks (a DBS).

What school subjects are useful for this job?

Although there are no specific entry requirements, useful subjects include English and maths.

Skills and knowledge that you'll need:

- A desire to help people
- Able to follow instructions
- Organisational, observational and communication skills
- To be caring, kind, compassionate, patient

Where could this career take me?

With experience, training and developing more skills, you could move into another career such as nursing or social work, or into more senior jobs such as a senior healthcare assistant, managing people or services.

**Could this career be for you?
Find out more and scan here:**



What is a Catering Assistant?

Food and catering are important parts of the health and social care sector, categorised as a role in 'domestic services' within estates and facilities.

Catering assistants work within the catering team, preparing and serving food for patients and staff.



Job Title: *Catering Assistant*

Day-to-day tasks you'll do in this role:

- Ensuring high standards of hygiene and cleanliness
- Serving food and checking temperature levels
- Monitoring kitchen stocks and ordering supplies
- Preparation and dispatch of meals
- Operating dish washing machines, cleaning, drying, checking crockery and cutlery

You could work:

You'll prepare, cook and serve meals to patients usually in a nursing or residential home, a day care centre or those staying in hospital. Some catering assistants work within a kitchen, others may serve food at the counter in staff restaurants or visitor cafes.

Average salary (a year):

£22,383

How to become a Catering Assistant:

You can become a catering assistant with few or no qualifications but it might be useful to have some previous experience in the catering industry, the right values and behaviours, and basic numeracy and literacy skills.

Once in the job, you could be encouraged to take vocational qualifications such as a Certificate in Food Hygiene, Food Safety Certificate or a food allergy awareness course.

If you already have a qualification or experience from working in catering or hotel services for another company, you could join the NHS as an Assistant Manager or Manager.

What school subjects are useful for this job?

Although there are no specific entry requirements, useful subjects include maths and English.

Skills and knowledge that you'll need:

- Customer service
- Physical skills for food preparation to deadlines
- Patient/client care
- Good listening skills
- Knowledge of food hygiene procedures, and cleaning products and safe use of equipment

Where could this career take me?

With more experience and qualifications, you could become a team leader, looking after a team of Catering Assistants, or a Catering Manager as many start off as assistants.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Chef*

What is a Chef?

Chefs work in the domestic services teams and are responsible for making sure patients and staff have high quality and nutritious food.

If you are interested in food and love cooking, can make decisions under pressure and don't mind working in busy, hot conditions this career could be for you.

Day-to-day tasks you'll do in this role:

- Planning meals and menus
- Storing food correctly
- Using different kitchen equipment
- Supervising catering assistants
- Preparing and cooking food in line with dietary requirements

You could work:

Chefs work as part of the catering team in a large kitchen within a hospital, residential or care home, prison, or community centre. They work closely with the catering manager and head chef, overseeing catering assistants or assistant chefs.

Average salary (a year):

£22,816

How to become a Chef:

Good GCSEs aren't essential, but basic GCSEs (or equivalent) in maths, English and food technology are good. There are many pathways to become a chef. You could:

- Study a degree in professional cookery (if you have 2-3 A-levels)
- Study at level 3 or 4 diploma in professional cookery / culinary arts
- Go to college to study a T-level in catering
- Train as an apprentice
- Start working as a catering assistant and take further training while you are working

What school subjects are useful for this job?

Although there are no specific entry requirements, useful subjects include: English, maths, food technology.

Skills and knowledge that you'll need:

Chefs need to have:

- An interest and passion for cooking
- An awareness of food hygiene and safety
- Teamworking, organisational, and communication skills
- The ability to work in hot conditions and be physically fit for standing, lifting and moving

Where could this career take me?

Chefs can progress by working in larger kitchens, becoming assistant head chefs and running a kitchen.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Clinical Skills Teacher*

What is a Clinical Skills Teacher?

A clinical skills teacher sits within the medical education team who work to improve the quality of medical training to improve patient outcomes. They play an important role in assuring clinical staff are competent in the healthcare setting by delivering clinical education courses and programmes from classrooms and may use different technology such as clinical simulation.

Most move into this role from a clinical career or continue with their clinical career and balance teaching at the same time.

If you are looking to be a registered medical professional but have an interest in education and would like to teach, this may be a career for you.

Day-to-day tasks you'll do in this role:

- Support clinical staff to complete statutory and mandatory training
- Develop education strategies in partnership with clinical areas to deliver ward and department-based practice education
- Respond to and deliver clinical training needs

You could work:

Most clinical skills teachers work in either hospitals or universities to support medical students, including apprentices, trainee doctors, medical and nursing staff. They could also work with Learning and Development teams, awarding bodies, education centres, and human resources.

Average salary (a year):

£35,392

How to become a Clinical Skills Teacher:

You'll need a healthcare professional qualification, for example, being a registered nurse through a degree, apprenticeship or diploma.

You would also need evidence of a relevant teaching qualification.

What school subjects are useful for this job?

Maths, English and science.

Skills and knowledge that you'll need:

Clinical Skills Teachers need to be experienced and registered in a speciality but also:

- Be enthusiastic and have an interest in education and curiosity for learning
- Have excellent communication and presentation skills, can work well within a team and manage own workload
- Be approachable, calm and focused
- Have well-developed keyboard and digital skills
- Knowledge of learning and development requirements within the health and care setting

Where could this career take me?

With more experience, there may be opportunities to progress to more senior education positions such as clinical education or directorate manager then head of education.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Dietitian*

What is a Dietitian?

Dietitians are a role within the Allied Health Professions (AHPs). They advise patients on their food and nutrition choices, working to promote good health and prevent diseases in people and communities.

If you have an interest in food and a passion for science and love motivating others, this career could be for you.

Day-to-day tasks you'll do in this role:

On a day-to-day basis, you would be:

- Updating clinical records
- Assessing nutritional needs of individuals
- Create treatment plans
- Give advice on diets
- Monitor patients progress towards eating healthy target

If you work in the community you could:

- Attend events raising the importance of healthy eating
- Run workshops

If you work in a hospital, you could:

- Specialise in a particular area like children's health
- Run clinics for patients with eating disorders or diabetes
- Work with catering to create menu's for patients who have specific diet needs

You could work:

In hospitals or in the community with both healthy and sick patients. For example, you may work with people who:

- Have a problem with their digestion
- Need to lose weight or put on weight after an illness
- Have an eating disorder
- Want to improve their sports performance
- Have an allergy or intolerance such as to dairy or wheat

It's likely you would work with other health professionals such as a nutritionist or supervise the work of dietetic assistants.

Average salary (a year):

£28,482

How to become a Clinical Skills Teacher:

You'll need 5 GCSEs (grades A-C or 4-9), including English and maths.

A lot of people then study two or three A-levels, including maths, biology or chemistry or equivalent qualifications such as a BTEC, which includes science, or science-based access course at college, such as an NVQ.

You would then need to complete an undergraduate degree in dietetics, biochemistry and human physiology, or apply for an apprenticeship.

What school subjects are useful for this job?

Maths, English and science.

Skills and knowledge that you'll need:

- An interest in science and food
- Good communication skills
- Being able to explain complex information in a simple way

Where could this career take me?

You could specialise in different areas, such as cancer or with different groups, such as those with learning disabilities.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Doctor*

What is a Doctor?

Doctors are medical professionals who use their medical knowledge and problem-solving skills to diagnose and treat patients who are ill, making a real difference to their lives.

There are lots of types of doctors, for example:

- Anaesthetists who put patients to sleep during operations
- General Practitioners (GPs) who are usually the first point of contact with a patient
- Intensive care doctors who manage very ill patients with life-threatening conditions
- Obstetrics and gynaecology who care for pregnant women and manage diseases linked to women's health
- Ophthalmologists care for patients with eye conditions
- Paediatricians look after children from birth to 18 years old
- Emergency medicine doctors who carry out immediate treatment to those with serious and life-threatening illnesses and injuries

If you have an interest in people and are responsible, reliable and can make quick decisions with excellent communication skills, this career may be for you.

Day-to-day tasks you'll do in this role:

This depends on the area you specialise in. Typically, they:

- Treat patients across a variety of settings
- Talk to and examine patients to make a diagnosis
- Carry out procedures and tests and interpreting the results
- Prescribing medication
- Maintain patient medical records
- Work as part of a wider team
- Undertake clinical research

You could work:

Across a variety of settings. This includes hospitals, GP surgeries, private practices, outpatient clinics, laboratories, in the community at health centres, making home visits, surgeries or prisons.

Average salary (a year):

£52,530

How to become a Doctor:

It takes loads of dedication and training to become a doctor, it's a long path to become fully qualified.

You will need to have:

- 5 GCSEs at grade 9-4 – including English language and literature and a science subject
- 3 A-levels at A grade in chemistry, biology, maths or physics
- A medicine degree (which can take 5 years) approved by the General Medical Council (GMC)
- 2 years general training on a foundation programme
- Either training in a speciality (taking between 5-8 years) or go into 3-year training as a GP.

What school subjects are useful for this job?

Maths, English and sciences.

Skills and knowledge that you'll need:

Doctors need to have:

- The ability to think, lead, work in a team, treat people with respect and remain calm under pressure
- Resilience (able to bounce back from tough situations) and able to deal with uncertainty
- Strong academic ability, an interest in medicine and knowledge of science
- Good organisational, problem solving, communication, and practical skills

Where could this career take me?

With further experience, you could apply for senior or consultant roles, going onto lead a team, manage a department or practice. Some doctors serve in the Army, Royal Navy or Royal Air Force as a doctor or medical officer. If you are interested in teaching, you could go into training or mentoring, or complete clinical research.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Domestic*

What is an Domestic?

A domestic (or domestic services assistant) will carry out routine cleaning tasks which need to be done on a daily or weekly basis.

Day-to-day tasks you'll do in this role:

Depending on your department, you could be:

- dusting surfaces, furniture and equipment
- cleaning hard floors with mops or electric floor cleaners
- using vacuum cleaners or carpet cleaners
- cleaning toilet and bathroom areas
- steam cleaning
- emptying waste bins
- carry out regular, planned deep cleaning on a monthly or annual basis.

You could work:

All departments and services require domestics so you could work across many settings. This includes hospitals, GP, office areas.

Average salary (a year):

£22,383

How to become a Domestic:

You can become a Domestic with few or no qualifications but it might be useful to have some previous experience in the hospitality industry, knowledge of cleaning products, the right values and behaviours, and basic numeracy and literacy skills.

Once in the job, you could be encouraged to take vocational qualifications such as a certificate in level 1 and 2 food safety and hygiene

If you already have a qualification or experience from working in being a domestic for another company, you could join the NHS as an Assistant Manager or Manager.

What school subjects are useful for this job?

Although there are no specific entry requirements, useful subjects include maths and English.

Skills and knowledge that you'll need:

- Customer service
- Physical skills for cleaning
- Patient/client care
- Good listening skills
- Knowledge of hygiene procedures, and cleaning products and safe use of equipment

Where could this career take me?

With more experience and qualifications, you could become a team leader, looking after a team of Domestic Assistants, or a Domestic Manager as many start off as assistants

**Could this career be for you?
Find out more and scan here:**





Job Title: *Finance Manager*

What is a Finance Manager?

A finance manager is a role within 'management'.

They manage the money within the organisation, whether it is a trust or ambulance service. They are responsible for making sure the funds for the organisation are allocated to ensure frontline staff have the resources they need to deliver treatment and care for patients.

If you are interested in managing money, are quick-thinking, analytical and can make big decisions, this career may be for you.

Day-to-day tasks you'll do in this role:

Your role involves managing budgets and allocating resources. This will include:

- Making sure employees are paid (payroll and pensions)
- Paying for goods and services
- Gathering and interpreting financial data to make day-to-day decisions
- Preparing financial reports

You could work:

You may be based in office areas of hospitals and health centres or headquarter buildings supporting the whole organisation. You would work closely with human resources, clinical managers and other staff working in management.

Average salary (a year):

£35,392

How to become a Finance Manager:

There's lots of diverse routes opening up to enter finance management. Precise entry requirements will vary depending on the role. However, general entry requirements include the following:

- 5 GCSEs at Grades A-C or equivalent/or work experience – you could join the NHS at an administrative level and work your way up into management, supported by in-house, finance-related training.
- Apprenticeships
- Management degree / equivalent vocational qualification

What school subjects are useful for this job?

Maths, English, sciences and IT.

Skills and knowledge that you'll need:

- Attention to detail
- Communication and leadership
- Organisational
- Good with numbers
- Being confident with Information Technology
- Able to negotiate

Where could this career take me?

With further training and/or experience, you may be able to develop your career further by applying for more senior managerial roles. This could include a management accountant, head of finance, assistant director of finance.

Graduates can apply for the NHS Graduate Management Training Scheme and specialise in financial management or you could study further management qualifications such as a Master of Business Administration (MBA).

**Could this career be for you?
Find out more and scan here:**





Job Title: *Gardener*

What is a Gardener?

A Gardener is a role within the estates team, who looks after buildings and premises. Many hospitals, GP practices and care home sites are surrounded by outside areas. Gardeners and grounds staff keep these grounds attractive and tidy so they are pleasant places for staff, patients and visitors.

If you like working outdoors, prefer hands-on tasks, and have an interest in gardening, this career could be for you.

Day-to-day tasks you'll do in this role:

Gardeners often complete maintenance work, such as:

- Planting and weeding
- Trimming trees and bushes
- Sweeping paths and car parks
- Landscaping
- Clearing snow and ice
- Mowing lawns

They can also be involved in creating new spaces in the grounds of a hospice, clinic, health centre or hospital such as places of remembrance, relaxation spaces for those with health issues or dementia or somewhere for children to play.

You could work:

You must be willing to work outside in all weather conditions. You may work alone, in the grounds of a small centre such as a health centre, hospice, GP surgery or clinic or you could work at a larger site, such as a hospital and work with a team of grounds staff. It is common for gardeners to work at more than one NHS site, and be expected to travel in an NHS vehicle or your own van.

Average salary (a year):

£22,383

How to become a Gardener:

There are no set entry requirements but employers would usually ask for GCSEs (or equivalent) in maths and English.

They would also expect a qualification in landscaping or horticulture, such as an NVQ, certificate or diploma.

There may be opportunities available to undertake an apprenticeship or if you have a lot of experience but no qualifications, it may be possible to train in gardening and grounds maintenance.

What school subjects are useful for this job?

Although there are no specific entry requirements, useful subjects include English and maths.

Skills and knowledge that you'll need:

- Be interested in gardening
- Be able to use a range of tools and equipment
- Be physically fit to lift, carry and dig
- Work flexibly
- Teamwork, communication and practical skills

Where could this career take me?

As part of your induction into the role, you will receive training in health and safety, manual handling, using tools and equipment. You should keep your skills updated by going on short courses.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Healthcare Support Worker*

What is a Healthcare Support Worker (HCSW)?

Healthcare support workers are at the very heart of the NHS delivering high-quality clinical and essential care to patients. There are more than 30 different job roles and in each they work within a multi-disciplinary team supporting specialist doctors and nurses.

Depending on the setting and the healthcare professionals you support, you may have a different job title linked to professions e.g. nursing, midwifery, physiotherapy, dietetics, speech & language therapy, podiatry, occupational therapy, podiatry, paramedics, operating department practitioners, radiographers.

They work with different patients, of all ages, and health conditions.

Day-to-day tasks you'll do in this role:

This is a very hands-on role and depending on which part of the NHS you working in, your day-to-day tasks could be very varied.

If you are based in a hospital or social care settings, you may:

- Help patients with physical activities
- Perform basic health checks and monitor patients
- Make patients feel comfortable by supporting with personal care and meal times

If you're based in a health centre or GP surgery, you may:

- Take and process blood samples
- Perform health checks
- Sterilise equipment
- Restock consulting rooms

You could work:

You can work in a range of healthcare settings such as hospitals, GP practices, people's own homes or in the community.

Average salary (a year):

£22,383

How to become a Finance Healthcare Support Worker:

There are no set entry requirements but GCSEs in English and maths are required.

For some roles, you may need a healthcare qualification such as a BTEC or NVQ which you could study at college or through an apprenticeship.

You could gain some experiences of healthcare or care work through volunteering or previous roles.

What school subjects are useful for this job?

Although there are no specific entry requirements, useful subjects include: English, maths, science.

Skills and knowledge that you'll need:

Academic qualifications aren't everything. It's important to have:

- Good teamwork, communication and organisational skills
- Be caring, compassionate and kind

Where could this career take me?

The opportunities to progress are endless. You could work towards achieving many qualifications, such as the Care Certificate.

You could work towards a senior healthcare assistant post, specialise in a particular setting, or complete further training to become a qualified healthcare professional such as a nurse or midwife through an apprenticeship or degree.

**Could this career be for you?
Find out more and scan here:**





Job Title: *IT Technician*

What is an IT Technician?

An IT Technician works within the digital services team who provide all of the technology and developments to deliver high-quality IT support services.

IT's important processes are being efficient, connecting departments and staff in an instant, making sure data is accurate, up to date and protected.

An IT technician offers technical support across clinical and non-clinical systems, hardware and computer networks, making sure they are operating correctly.

They are really important to the running of the health service as they help to maintain digital devices and services by providing front-line support to staff and departments.

Day-to-day tasks you'll do in this role:

- Provide both IT support for computers and telephones to ensure they operate correctly
- Investigate day-to-day queries from staff and offer advice and support when needed
- Diagnose and fix technical issues
- Make sure new equipment is installed in a timely manner such as laptops, headsets and smartphones
- Order, test and install new IT equipment for example in a hospital
- Assist in interpreting or analysing information

You could work:

Within the IT department but service all sites across a range of healthcare settings, such as hospitals, GP practices, or supporting the community team. They usually work in a team with network and system administrators, security analysts, service desk team leaders and managers.

Average salary (a year):

£28,407

How to become an IT Technician

Although GCSEs, especially ICT/computer science (or equivalent) are useful, they aren't essential.

You could complete A-levels (or equivalent such as an HND in Computing), study a degree in computer science (or equivalent) or an apprenticeship in informatics, digital applications, or IT and Telecoms, if they are available.

What school subjects are useful for this job?

You need a good standard of education. Although there are no specific entry requirements, useful subjects include: IT, English, maths, computing science, or physics.

Skills and knowledge that you'll need:

- A strong understanding of IT equipment such as PCs, laptops, telephones and printers
- Knowledge of Microsoft applications and operating systems
- Good communication, organisational, teamworking, decision-making and time management skills
- Enjoy solving problems and helping others

Where could this career take me?

With further education and training, you could progress to senior roles such as a service desk team lead or manager.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Midwife*

What is a Midwife?

Midwives provide care and support to women and their families whilst they are pregnant, throughout labour and after a baby's birth.

Every day is interesting and rewarding as they develop great relationships with mothers and families to bring new life into the world.

They are classed as the 'experts' on childbirth and responsibilities are diverse. They work with women from a variety of backgrounds, some may be homeless, be very young or have disabilities. Others may be from certain religious backgrounds but all women need to understand the process of pregnancy and birth, and as a midwife you're likely to develop great relationships with the families.

Midwives work with a lot of other professionals such as GPs, health visitors, nurses, maternity support workers and gynaecologists.

If you're a naturally caring person, with a positive attitude and an interest in helping others, then this career could be for you.

Day-to-day tasks you'll do in this role:

- Provide antenatal care (before a baby is born) by delivering classes and examinations
- Monitor women and support them during labour and when they give birth
- Teach new and expecting mothers how to feed and care for their babies
- Maintain patient records

You could work:

Midwifery services operates within hospitals and the community. Care is provided in the community throughout women's homes, local clinics, children's centres and GP practices. Within hospitals, midwives could work in triage and assessment centres, postnatal wards, neonatal units or on a maternity unit.

Average salary (a year):

£28,407

How to become a Midwife:

Entry requirements vary but usually you need a minimum of:

- 5 GCSEs at grades 9-4 – including English Language and Literature and a science subject
- 2-3 A-levels (or equivalent qualifications such as an NVQ level 3)

You will then need to train and study for an undergraduate, or postgraduate degree or diploma or undertake a midwifery degree apprenticeship (if they are available).

To work as a midwife, you must hold a valid registration to the Nursing and Midwifery Council (NMC).

What school subjects are useful for this job?

English language and literature as well as science.

Skills and knowledge that you'll need:

- Excellent teamwork, communication and people skills are really important as midwives need to answer questions and offer advice
- Show compassion and be able to deal with emotional situations
- Have an interest in the process of pregnancy and birth

Where could this career take me?

There's always opportunities to keep your skills and knowledge up to date. You could undertake further training and become a health visitor, or move into management, teaching or research. Alternatively, there are opportunities to progress to a team manager and midwife consultant.

**Could this career be for you?
Find out more and scan here:**





Job Title: Nurse

What is a Registered Nurse / Nursing Associate?

A nurse makes a difference to patient's lives every single day by providing direct patient care as part of a multi-disciplinary team.

For registered nurses there are four fields:

- Adult nursing
- Mental health nursing
- Paediatric nursing
- Learning disability nursing

There is also a new role in the nursing family that works across all four fields of nursing:

- Nursing Associate

No two days are the same when you work in nursing, depending on which field of nursing you choose. You could spend your time helping patients overcome mental barriers, nursing newborns, supporting patients with learning disabilities or saving lives in A&E.

If you are a naturally caring person and enjoy helping others, this career may be for you.

Day-to-day tasks you'll do in this role:

A typical day varies depending on the field of nursing you work in, but aspects of patient care nurses are responsible for include:

- Assessing patient needs and deciding a care plan
- Monitoring a patient's condition e.g. recording blood pressure and pulse
- Carrying out tests and investigations e.g. listening to breathing with a stethoscope or taking a blood sample
- Using expert clinical skills to carry out treatments e.g. complex wound management
- Keeping accurate patient records
- Administering medication
- Giving health advice
- Supporting patients with personal care such as getting washed and dressed or going to the toilet
- Working with other health professionals as part of a team

You could work:

Across a variety of settings such as hospitals, nursing care homes, hospices, day centres, patients' homes, health centres, GP surgeries, schools, or prisons.

Average salary (a year):

£28,407

How to become a Registered Nurse:

Most people qualify by studying a degree in nursing at university. Nursing degrees aren't all about having your nose in a book. There is lots of practical hands-on experience with patients in hospital and community settings. The first thing to decide is which field of nursing you want to work in.

In general, you need at least:

- 5 GCSEs grades 9-4 including English, maths and a science subject
- 3 A-levels or an equivalent level 3 qualification
- Most universities ask for some experience in a caring role, this could be in the workplace, in a voluntary capacity or being a carer for a relative. Some employers offer the opportunity to complete a nursing degree by a paid apprenticeship, but this is less common.

To work as a nurse, you must hold a valid registration with the Nursing and Midwifery Council (NMC).

How to become a Registered Nursing Associate:

Most people do this by completing the Nursing Associate Foundation Degree Apprenticeship. This means you are employed during your training and will spend the majority of time delivering hands-on patient care.

In general, you need at least:

- Maths and English Language GCSE grade 4 or above – or Level 2 Functional Maths and English
- Some experience in a caring role, this could be in the workplace, in a voluntary capacity or being a carer for a relative.

To work as a nursing associate, you must hold a valid registration with the Nursing and Midwifery Council (NMC).

What school subjects are useful for this job?

English, maths and science.

Skills and knowledge that you'll need:

- Sensitivity and understanding
- A desire to help people and work well with others
- Able to use a computer well
- Attention to detail
- Patience, staying calm under pressure and in stressful situations

Where could this career take me?

With further training and experience, there may be opportunities to apply for more senior roles such as a matron, senior practice nurse or advanced nurse practitioner.

Later in your career, you could move into clinical research, management or teaching. You could even take further training so you can perform surgery and prescribe medicine. You might decide that preventing illness is the thing for you, moving into public health. There are so many different directions your career could go in.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Nursing Home Manager*

What is a Nursing Home Manager?

Without skilled managers to lead and run health and care services, the system would not be able to do what it is here to do – treat and care for patients.

A nursing home manager is responsible for the day-to-day running and leadership of a residential or nursing home, ensuring high levels of medical and personal care are provided to patients 24 hours a day.

Some residential/nursing homes offer services for people with:

- Assistance in daily living tasks
- Varying degrees of learning disabilities
- Complex and non-complex medical conditions, injuries or terminal illness
- Those living with dementia

Day-to-day tasks you'll do in this role:

- Provide advice and support to patients, families and employees
- Agree contracts, budgets and manage finances
- Make sure quality standards are met
- Look after patients
- Monitor business performance and quality of care
- Develop policies and practices
- Recruit, train and supervise staff

You could work:

Within a multi-disciplinary team of qualified social care workers, general practitioners, nurses, care assistants, and occupational therapists to support patients that require 24-hour residential/nursing complex and non-complex care requirements.

Average salary (a year):

£35,392

How to become a Nursing Home Manager:

You do not need a degree, or be a registered nurse to manage a nursing home; many care home managers have little to no nursing experience or qualifications, but can demonstrate management experience. This is important when working with senior nurses to make sure that the appropriate level of care is provided.

However, having qualifications in nursing, social work, occupational therapy, or health and social care can increase your chances.

You could complete a higher apprenticeship in care leadership and management.

What school subjects are useful for this job?

Although there are no specific entry requirements, useful subjects include maths, business, English and sciences.

Skills and knowledge that you'll need:

Residential/nursing home managers need to have:

- Excellent IT, communicational, organisational and time management skills
- Be passionate about working with people and providing care
- The ability to work under pressure and problem solve
- The right values and behaviours such as compassion, empathy, respect, courage and responsibility

Where could this career take me?

With further training experience, you may be able to develop your career further by applying for more senior managerial roles or moving into management in other areas.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Nutritional Support Worker*

What is an Nutritional Support Worker?

Nutritional support workers directly help nurses in providing hands-on nutritional support to patients, such as helping at mealtimes.

Day-to-day tasks you'll do in this role:

You could be:

- Assisting patients with ordering their meals at mealtimes
- Supporting patients with feeding, where appropriate
- Keeping a record of the meals a patient receives and eats in food diaries, nutritional databases and fluid charts, reporting this to nursing staff
- Monitor stock levels of nutritional supplements and snacks and order more when needed
- Promoting nutrition in the ward you are working on
- Preparing clinical areas for meal times
- Reporting any changes in a patient's manner, eating habits or behaviours

You could work:

You can work in a range of healthcare settings such as hospitals or in the community supporting a range of patients from those with mental health conditions to children's services.

You would work as part of a team alongside the ward manager, junior sister and nurses.

Average salary (a year):

£22,383

How to become a Nutritional Support Worker:

There are no set entry requirements but GCSEs in English and Maths are required.

For some roles, you may need a healthcare qualification such as a BTEC or NVQ level 1 or 2 which you could study at college or through an apprenticeship as a senior healthcare support worker then specialise in nutrition.

You could gain some experience of healthcare or care work through volunteering or previous roles.

What school subjects are useful for this job?

Although there are no specific entry requirements, useful subjects include English, maths, IT and science.

Skills and knowledge that you'll need:

- Knowledge of how to care for patients and meet their needs
- Excellent communication, analytical, IT, teamwork and persuasion skills
- Able to plan and organise
- Physical skills, such as sitting, standing and walking, carrying meals and stock and moving patients
- Friendly and helpful

Where could this career take me?

The opportunities to progress are endless. You could complete further training to become a qualified healthcare professional such as a nurse through an apprenticeship or degree.

**Could this career be for you?
Find out more and scan here:**





Job Title: Occupational Therapist

What is an Occupational Therapist?

Occupational therapists are healthcare professionals within the Allied Health Professions (AHPs).

They offer practical support to all kinds of patients who have challenges in carrying out day-to-day activities due to either a disability, accident, illness, trauma, ageing, or from a long-term health condition such as mental health.

They aim to support patients overcoming all types of challenges so they can live independently.

For example, you could help:

- People with learning disabilities or mental health conditions with everyday activities such as work or helping children to access learning in school
- Adults and children with physical difficulties who need adaptations in their home such as stair lifts
- People adapt after life-changing surgery

If you have excellent communication skills, and have a desire to help people live full and happy lives, in a role that will challenge you, this career may be for you.

Day-to-day tasks you'll do in this role:

You could:

- Teach a patient recovering from an illness how to do things for themselves and live independently
- Encourage patients to take up a hobby or activity to improve their mental health
- Work with an employer to adapt an office so an employee can return to work after an accident
- Work with school staff to adapt classrooms so a child can have the right environment to help them learn
- Work with children in a classroom to help them develop skills such as handwriting

You could work:

You help all kinds of people from the elderly to children, working with individuals or groups of patients and their families. You work as part of a team, often with physiotherapists, across a wide range of settings. This includes hospitals, care and nursing homes, home care, clinics, recreation centres, schools or rehabilitation centres.

Average salary (a year):

£28,407

How to become a Occupational Therapist:

You'll need:

- A minimum of 5 GCSEs (grades 9-4) including science.
- 2-3 A-levels, including 1 science subject (or BTEC, HND, HNC, including biological science, a relevant NVQ or science-based access course)
- You'll need to apply for a degree in occupational therapy or a degree apprenticeship in occupational therapy with an employer. Or, you could get a job as an occupational therapy assistant/support worker and complete the degree part time whilst working (this could take up to 6 years).
- Once qualified, you would need to register with the Health and Care Professions Council (HCPC) before you can start to work. Alternatively, you could complete a degree apprenticeship.

What school subjects are useful for this job?

English, maths and science.

Skills and knowledge that you'll need:

- You need to be a 'people person' making patients feel at ease
- Patience, enthusiasm, determination and good at motivating others
- To work well in a team and be able to think quickly
- Excellent communication and problem-solving skills

Where could this career take me?

Once you've qualified, you could specialise in a particular area such as paediatrics (working with children). You could move into education, training or research.

Alternatively, you could complete further qualifications and training, to move into senior positions such as a senior occupational therapist.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Pharmacist*

What is a Pharmacist?

Through their expert and safe knowledge of medicines and healthcare, pharmacists make a difference to the lives of patients by making sure they receive the correct medicines.

If you love science and have a desire to improve lives, this could be a career for you.

Day-to-day tasks you'll do in this role:

- Supervise a team to prepare prescriptions and mix ingredients to make medication
- Speaking to the public providing advice and selling over-the-counter medication
- Dispense medicines
- Run screening programmes
- Advise on dosages and risks to patients, GPs and nurses
- Order and control stock
- Buy and distribute medicines through hospitals

You could work:

Pharmacists work in pharmacies (a place where medicines are stored, prescribed and given to patients). These could be within a range of settings including hospitals, community GP surgeries and pharmacies, mental health services, private high street stores. They could also work at a research centre or university. They work with a team of other healthcare professionals, including pharmacy technicians, doctors, nurses and scientists.

Average salary (a year):

£35,392

How to become a Pharmacist:

To become a pharmacist, you'll need to complete a pharmacy degree which could take 4 years. After you've completed your degree, you'll need to complete a 1-year pre-registration course at a pharmacy and register with the General Pharmaceutical Council (GPhC).

To get onto a degree you'll need:

- At least 5 GCSEs grades 4 and above including Maths, English language and a science
- 3 A-levels in chemistry and biology grades A-B (or equivalent such as BTEC level 3, access to HE diplomas)

Alternatively, you could become a pharmacy assistant by directly applying to a pharmacy or studying an apprenticeship, then undertaking further study.

What school subjects are useful for this job?

English language, maths and sciences.

Skills and knowledge that you'll need:

- Communication and customer service skills
- Teamwork
- Attention to detail
- Maths knowledge and the ability to read English

Where could this career take me?

You'll need to stay registered as a pharmacist and undertaking training to keep up to date with drug research.

You could go onto work in the pharmaceutical industry, work in management or education, advice for the government or you could choose to own and run your own community pharmacy.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Physiotherapist*

What is a Physiotherapist?

Physiotherapists are healthcare professionals within the Allied Health Professions (AHPs).

They work with patients to improve their ability to move, maybe after an injury or operation, or as a result of a disability.

They work with people on a daily basis to write a treatment plan, recommending exercise, using high-tech equipment, carrying out massages or other treatments depending on a patient's needs.

If you are a team player with great people skills, like encouraging others and want to make a direct impact, this could be a career for you.

Day-to-day tasks you'll do in this role:

You could:

- Work with children who have physical disabilities
- Use different techniques such as massage or acupuncture
- Help patients recover from accidents or illnesses such as strokes and sports injuries
- Support patients with spine and joint problems
- Keep detailed patient records

You could work:

You may work alone or as part of a team across a variety of healthcare settings. Physiotherapists are needed in all hospital departments but also the local community in health centres, nursing homes, day centres or in people's own homes.

Average salary (a year):

£28,407

How to become a Physiotherapist:

The most popular way to become a physiotherapist is by completing a university degree, either part-time (6 years) or full-time (3 years).

To apply for a degree, you would need:

- 5 GCSEs at grades 9-4 including English language, maths and one science
- 2-3 A-levels, including biology and/or PE

Or, equivalent qualifications such as:

- A science access course or NVQ
- A BTEC, HND, or HNC including biology
- A previous degree in a related area

Each university sets its own requirements, so it's good to check.

The other option is to apply for a degree apprenticeship.

To work as a Physiotherapist, you must register with the Health and Care Professions Council (HCPC).

What school subjects are useful for this job?

PE, science, maths and English.

Skills and knowledge that you'll need:

- Good organisational, communication, listening and planning skills
- Caring and calm
- Physically fit

Where could this career take me?

Once qualified, physiotherapists are encouraged to join the Chartered Society of Physiotherapy to update skills and training. You could specialise in a particular area such as sports, children, cancer patients, critical or elderly care.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Porter*

What is a Porter?

Porters work within the estates and facilities team and have very important roles within hospitals.

They make sure items are delivered where they are needed the most and patients are at the right place at the right time to receive treatment.

You could be moving:

- Post and parcels from the post room
- Patients on trolleys or wheelchairs
- Trolleys of food and drink
- Blood samples
- Equipment
- Linen and waste
- Drive a vehicle between sites

Porters may have different job titles to reflect their responsibilities, such as:

- Catering porter
- Security porter
- Dirty linen and waste
- Kitchen porter
- Operating theatre porter

Day-to-day tasks you'll do in this role:

You may:

- Deliver clean linen to wards and remove dirty linen taking it to be cleaned
- Move furniture and medical equipment
- Collect and dispose of clinical and non-clinical waste, some of which may be hazardous
- Move patients in beds and wheelchairs between wards and departments
- Transfer patient notes and samples to departments for testing
- Transfer the deceased to the mortuary

You could work:

You'll work as part of the 'portering services' team within a hospital and will come into contact with clinical and non-clinical staff as well as patients. Depending on the area you support, you could work with nurses, healthcare assistants, security or catering staff.

Average salary (a year):

£22,383

How to become a Porter:

There are no set entry requirements or formal qualifications needed, but you would need a good standard of numeracy and literacy, especially GCSEs in English and maths.

It would be useful for you to have some experience of working within healthcare, from work experience or voluntary work. It's important that you enjoy working and helping people.

Taking your driving test may be a good idea as some positions may require a full driving licence.

What school subjects are useful for this job?

Although there are no specific entry requirements, useful subjects include English and maths.

Skills and knowledge that you'll need:

- To be friendly and helpful
- Reliable
- Physically fit for walking and lifting
- Be calm and reassure patients who may be stressed or frightened
- Able to follow instructions
- Good communication and organisational skills

Where could this career take me?

You could move into a specialist porter role, become a team leader or supervisor then progress onto management in a role such as 'head porter' where you would hold responsibility for other porters and services.

If you are looking for a career change, there may be roles within other areas, such as estates where you could apply your transferable skills and knowledge. Alternatively, you could move into a related role such as healthcare assistant with further qualifications and training.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Psychiatrist*

What is a Psychiatrist?

A psychiatrist is a doctor who looks after people with mental health conditions. They assess, diagnose and treat patients.

Mental illness is really common in society, meaning this is a very important role that makes a real difference to people's lives.

They work with people of all ages who may have a wide range of mental health conditions such as depression, eating disorders and addiction, supporting patients over a long period of time.

As a doctor, you could specialise in different roles within psychiatry such as:

- Children and adolescents: treat children up to the age of 18
- Forensic: treat those in prison, a secure hospital or wider community
- General: treat patients with common mental health disorders such as OCD, drug and alcohol abuse, mood disorders
- Liaison: work between physical and psychological health treating people aged 18-65
- Medical psychotherapy: specialise in talking treatments
- Old age: support older people
- Intellectual disability: treat and assess those with learning disabilities

Day-to-day tasks you'll do in this role:

Your specific tasks will depend on the area you specialise in. For example, a forensic psychiatrist is very different from a child psychiatrist. You could be:

- Taking notes and keeping detailed records
- Deciding on suitable treatment plans
- Prescribing medication
- Monitoring and reviewing medication
- Working closely with nurses, psychologists and occupational therapists

You could work:

Across a range of settings from GP clinics, in the community in people's homes to hospitals running clinics or working in hospital wards and specialist units. This will involve you working as part of a multidisciplinary team of professionals, where you would take the lead in developing a plan for a patient to recover.

Average salary (a year):

£35,392

How to become a Psychiatrist:

You need a lot of knowledge of anatomy, pharmacology, physiology and psychiatry to succeed and this can take a long time.

To become a psychiatrist, you'll need to complete:

- A 5-year degree in medicine
- A 2-year foundation programme of general training
- 3 years of training in psychiatry (known as CT1, CT2 and CT3)
- 3 years of training in a speciality (known as ST4, ST5 and ST6)

To apply for university, you'll usually need:

- 5 GCSEs at grades 9 to 4 (or equivalent) including maths, English and science
- 3 A-levels (or equivalent) including biology and chemistry

Once qualified you would need to register with the General Medical Council (GMC).

What school subjects are useful for this job?

English, maths, science and psychology.

Skills and knowledge that you'll need:

- A genuine interest in people
- A strong interest in science and medicine
- To be open-minded, show empathy and compassion to others
- Good communication skills, able to listen well, show sensitivity and understanding
- Can use a computer well

Where could this career take me?

With more experience, you could apply for senior positions, such as team lead, managing a department or as a consultant. Some psychiatrists go into teaching students and trainee doctors.

**Could this career be for you?
Find out more and scan here:**





Job Title: *Psychologist*

What is a Psychologist?

Psychologists apply science to study the behaviour of people to solve real-life problems. They provide therapy to provide positive change to reduce distress a patient may have and promote healthy well-being.

If you are interested in other people's feelings, and can understand and empathise easily, this may be a career for you. There are different types of psychologists who specialise in different areas.

This includes:

- **Clinical:** They work with patients who have psychological difficulties in mental and physical health. They specialise with a specific group of patients such as children, adults, those with disabilities.
- **Counselling:** They examine and explore underlying issues such as negative life events, abuse, trauma, bereavement, relationship issues.
- **Forensic:** Help understand psychological problems associated with crime and treating those who have committed offences.
- **Health:** They promote healthier lifestyles and try to find ways to encourage people to improve their health such as healthy diets, health checks, oral hygiene etc.

Day-to-day tasks you'll do in this role:

- Work with patients to design solutions to overcome their condition and improve their life
- Conduct individual, couple, family or group therapy
- Undertake research
- Carry out psychometric tests
- Work with other clinicians to treat and discuss patient progress

You could work:

At a hospital, in the community mental health team, at local clinics or GP surgeries, within a school, prison or social services as part of a team with doctors, nurses, allied health professionals.

Average salary (a year):

£43,742

How to become a Psychologist:

You'll need a degree in psychology accredited by the British Psychological Society (BPS). Once you have this, you'll need to gain a graduate basis for chartered membership. Afterwards you must complete a postgraduate qualification in a psychology specialism.

To get onto a degree, you'll need:

- At least 5 GCSEs grades 9-4 including English, maths and science
- 2 or 3 A levels or equivalent – psychology isn't essential

What school subjects are useful for this job?

English, maths, science and psychology.

Skills and knowledge that you'll need:

You'll need to have a lot of knowledge of psychology. Others skills and attributes that are important include:

- Excellent communication, listening and counselling skills
- Sensitivity and understanding with a non-judgemental approach
- Enjoy working with other people
- Computer skills
- Patience and to remain calm under pressure

Where could this career take me?

You could decide to specialise in a particular area of work or psychological therapies. Some go into supervisor roles, management or academic research or progress onto more senior roles, such as a consultant or head of service.

**Could this career be for you?
Find out more and scan here:**





Job Title: Radiographer

What is a Radiographer?

Radiographers are health care professionals within the Allied Health Professions (AHPs).

They work in hospitals using radiation and imaging techniques to diagnose and treat patients.

There are two types of radiographers:

- 1) Diagnostic radiographers take images of inside the body using x-rays, ultrasounds, MRI and CT scans.
- 2) Therapeutic radiographers use radiation to treat illnesses such as cancer.

Day-to-day tasks you'll do in this role:

For a diagnostic radiographer, duties can include:

- Deciding which imaging technique to use
- Producing and interpreting images to help assess and diagnose
- Developing treatment plans
- Using advanced technology to look inside bodies and understand causes of their illness

If you are a therapeutic radiographer, you could be:

- Working as part of a big team to develop a treatment plan for a patient until their treatment ends
- Calculating the correct dose of radiation
- Using complex and advanced technology to treat tumours such as an x-ray or CT scanner
- Supporting patients' families by explaining treatments and organising follow-up appointments

You could work:

In a hospital.

Average salary (a year):

£28,407

How to become a Radiographer:

You'll need to complete a radiography degree at university or degree apprenticeship. This could take 3 years (full time) or 6 years (part-time). There are separate degree programmes for therapeutic and diagnostic radiotherapy.

Typically to get onto a course, you'll need:

- At least 5 GCSEs grades 9-4 including English, maths and science
- 3 A-levels (or equivalent) including 1 science

Once you have your degree you need to register with the Health and Care Professions Council (HCPC).

What school subjects are useful for this job?

Maths, English and sciences, especially biology and physics.

Skills and knowledge that you'll need:

- To be caring and good with people to reassure those nervous about treatment
- Communication and teamwork skills
- To be able to work under pressure
- To be adaptable

Where could this career take me?

With more experience, you could specialise in specific types of imaging from emerging technologies, treating certain patients or eventually leading or managing your own team. Others go onto research or teaching

**Could this career be for you?
Find out more and scan here:**





Job Title: Social Worker

What is a Social Worker?

Social workers help patients and their families live happier lives by helping find solutions to their problems and encouraging them to live independently. This may involve protecting vulnerable people, like children from abuse.

This could be a career for you if you like a rewarding, varied and challenging job working with people from lots of different backgrounds and can cope with difficult and challenging behaviours.

Social workers often have a 'caseload' – a certain number of people they support at once. They work with a wide range of individuals and their families, such as:

- Foster carers and adopters
- Carers
- Children at risk of abuse/neglect
- People with substance misuse problems
- The elderly
- Children and adults with disabilities or mental health problems
- Refugees
- Young offenders

Day-to-day tasks you'll do in this role:

- Making referrals to other services
- Attending meetings
- Updating records and writing reports
- Providing information, advice and counselling
- Building relationships and visiting service users wherever they live
- Assessing needs and organising support
- Some may go to court

You could work:

In a hospital, care or residential home, school, prison, or across the community visiting homes or in a healthcare centre. You work in a team of other social workers but also may work alongside the local council, the police, schools and the probation service.

Average salary (a year):

£35,392

How to become a Social Worker:

You'll need a degree in social work which could be achieved through university or by completing a degree apprenticeship. To get onto a social work degree, you'll typically need:

- 5 GCSEs grades 4-9 including English and maths
- 2 or 3 A-levels or alternative qualifications such as a health and social care access course, NVQ, BTEC, HND or HNC

Once qualified, you need to register with the Health and Care Professions Council (HCPC) and keep your skills and knowledge updated.

What school subjects are useful for this job?

English, maths, languages, sociology, law and psychology.

Skills and knowledge that you'll need:

Social workers need to have:

- Excellent communication, listening, and organisation skills
- The ability to develop a professional relationship
- Compassion, understanding and showing empathy
- The ability to stay calm in a stressful situation

Where could this career take me?

With experience, you could become a senior social worker looking after a team, you could specialise in supporting a client group such as children, mental health, domestic violence or you could progress into a management position running a department.

**Could this career be for you?
Find out more and scan here:**





Job Title: Surgeon

What is a Surgeon?

Surgeons are highly-trained doctors who carry out operations and procedures to save lives, fix injuries, treat medical problems and reduce pain.

The Royal College of Surgeons recognises many types of surgery:

- 1) Cardiothoracic: heart, chest, lungs
- 2) General: often emergency surgery
- 3) Neurosurgery: brain, spine, central nervous system
- 4) Oral and maxillofacial: neck, facial bones and face
- 5) Otolaryngology: head, neck, skull and facial plastic surgery
- 6) Paediatric: babies to teenage years
- 7) Trauma and orthopaedic: bones, joints, nerves and muscles
- 8) Urology: Kidney, bladder and urinary problems
- 9) Vascular: arteries and veins

If you are passionate about the human body, have good hand-eye coordination, patience, attention to detail and can react fast to changing situations, this career could be for you.

Day-to-day tasks you'll do in this role:

Every day is different but typically involves:

- Patient appointments to assess if they need surgery
- Carrying out operations and procedures
- Administration
- Daily ward rounds to check on patients
- Line managing other staff

You could work:

Surgeons work in hospitals mainly in operating theatres as part of the surgical care team which includes up to 10 other roles who support patients at different stages, before, during and after surgery. These include:

- Advanced nurse associate
- Anaesthetist
- Physician associate and assistant
- Physiotherapist
- Surgical assistants and practitioners

Average salary (a year):

£93,666

How to become a Surgeon:

There is a long period of training made up of lots of parts to become a surgeon. Surgeons need advanced skills and knowledge which means it takes up to 16 years to train.

To become a surgeon, you'll need to complete:

- A 4 to 6-year medicine degree at university to become a doctor
- A 2-year foundation programme of general training which is paid training in a hospital setting
- 2 years core surgical paid training in a hospital setting
- 6 years of speciality training paid in a hospital setting on one surgical speciality where at the end you could apply for a job

To apply for university, you'll need:

- At least 5 GCSEs grades 9-7 including English, maths and sciences
- 3 A-levels (or equivalent) including biology and chemistry at A grade

To work as a surgeon, once qualified you need to register with the General Medical Council (GMC).

What school subjects are useful for this job?

English, maths and sciences.

Skills and knowledge that you'll need:

Social workers need to:

- Be kind
- Be confident
- Stand up for people's rights
- Help people to make their own decisions
- Know about the law
- Have excellent organisation skills
- Be able to stay calm under pressure

Where could this career take me?

You could become a senior social worker, working specifically with a group of people such as those with learning disabilities, or older people. Some social workers teach new social workers. You might become a manager, looking after a team of social workers.

**Could this career be for you?
Find out more and scan here:**



